

CURRICULUM VITAE IRIS HUNZIKER

CONTACT

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→ Languages: German, English

CURRENT POSITIONS

Systemic Coach and Consultant, Lecturer and Author

2009 – Present

- Consulting and coaching services across Europe and Latin America

External Lecturer

Zurich University of Applied Sciences | 2023 – Present

- Development and teaching of units on 'Crises and Burnout - Counselling at and with Boundaries' and 'Team Development from a Counselling and Leadership Perspective'

Adjunct Lecturer

University of Zurich, Advanced Studies in Applied Ethics | 2023 – Present

- Seminars, online exercises and supervision of student theses

— EXCERPT OF PREVIOUS POSITIONS

Project Manager and Controller

2001 – 2005

- Establishment and further development of management instruments, development and implementation of internal control systems (ICSs) and cost accounting systems (SAP R3)
- Planning and implementation of training courses on basic business principles and preparation and implementation of political and operational performance mandates

Head of Corporate Planning, Member of Management Specialist Corporate Planning

2005 – 2007

- Support for strategy and organisational development processes
- Development and implementation of management and control instruments as well as project management for the introduction and implementation of a Balanced Scorecard (BSC) solution

Head of Operational Audit, Deputy Head of Internal Audit, Member of the Executive Board

2007 – 2009

- Planning and management of operational audits and profitability analyses
- Reviews of risk management systems and internal control systems (ICSs), support and consultancy on strategic projects
- Analyses and special mandates on behalf of the Audit Committee

Lecturer

SySt® Institute, Munich | 2018 – 2023

- Responsibility for the development, revision, and implementation of various courses and seminars

External Lecturer

Lucerne University of Applied Sciences and Arts, 2022–2025

- Lectures on Self-Regulation and Group Processes for Bachelor's degree students of Business Administration and Business Psychology

— ACADEMIC QUALIFICATIONS

Graduate in Business Administration

Lucerne University of Applied Sciences and Arts | 1997 – 2001

Postgraduate Diploma in Controlling

Lucerne University of Applied Sciences and Arts | 2003 – 2004

Course in Internal Auditing Risk Management Control Governance

University of Zurich | 2007 – 2008

Certified Internal Auditor CIA

The Institute of Internal Auditors | 2009

Post-qualification for Master of Advanced Studies in Controlling

Lucerne University of Applied Sciences and Arts | 2009

Master of Advanced Studies FHNW in Systemic Organisational Dynamic Coaching

FHNW Northwestern Switzerland | 2010 – 2011

Certificate of Advanced Studies in Conflict Resolution in Business and Administration

University of St. Gallen | 2012 – 2013

Master of Advanced Studies in Applied Ethics

University of Zurich | 2019 – 2021

Bachelor of Arts in Philosophy and Hermeneutics

University of Zurich | 2020 – 2022

Certificate of Advanced Studies in Systemic Resource-Oriented Organisational Consulting II

Kalaidos University of Applied Sciences | 2021

Master of Arts in Philosophy and Hermeneutics

University of Zurich | 2022 – 2023

Certificate IELTS Academic English

ELC Eastbourne | 2023

— QUALIFICATIONS IN HYPNOSYSTEMIC PRACTICE AND DIVERSE THERAPEUTIC APPROACHES

Training as Voluntary Addiction Counsellor

Blue Cross Bern | 1995

Certificate in Solution-Focused Communication for Therapy and Counseling

SySt® Institute Munich | 2011 – 2013

by Dipl. Psych. Insa Sparrer

Certificate in Hypnosystemic Communication

SySt® Institut Munich | 2013 – 2014

by Yvonne Dolan M.A., Dr. Luc Isebaert, Dr. Gunther Schmidt, and others

Certificate in Solution-focused Crisis Intervention and Basics of Psychotraumatology

SySt® Institute Munich | 2012 – 2013

by Dipl. Psych. Hélène Dellucci

Certificate in Generative Coaching

METAFORUM Abano Terme | 2013

by Stephen Gilligan

Supervision in Generative Trance and Hypnotherapy

Milton-Erickson Institute Munich | 2013

by Stephen Gilligan

Brugger Model of Solution-Focused Therapy

SySt® Institute Munich | 2013

by Dr. Luc Isebaert

Classical and New Methods of the Milan and Heidelberg Systemic Schools

SySt® Institute Munich | 2013

by Dipl. Psych. Andrea Ebbecke-Nohlen

Supervision in Hypnosystemic Practice

wilob Institute Lenzburg | 2014 – 2016

by Dr. Gunther Schmidt

Seminar on Transformation of Problem-Identities into Solution-Identities

Milton-Erickson Institute Heidelberg | 2015

by Dr. Gunther Schmidt

Conference on Behavioral Change

wilob Institute Lenzburg in cooperation with the Milton-Erickson Institute Heidelberg | 2015

Seminar on Genogram Work and Stabilization Methods

SySt® Institute Munich | 2015

by Dipl. Psych. Hélène Dellucci

Seminar Hypnosystemic and Semiotic Theory

SySt® Institut Munich | 2016

by Prof. Dr. Matthias Varga von Kibéd

SysTelios Intensive Weekend

SysTelios Clinic Siedelsbrunn | 2016

— QUALIFICATIONS IN HYPNOSYSTEMIC PRACTICE AND DIVERSE THERAPEUTIC APPROACHES (CONT.)

Course on Organizational Development and Team Development Processes based on Hypnosystemic Practise

*wilob Institute Lenzburg | 2016 – 2017
by Dr. Gunther Schmidt*

Visiting Observation sysTelios Clinic

Siedelsbrunn | 2017

Seminar Creative Intimacy

*Milton-Erickson-Institute Heidelberg | 2017
by Dr. Gunther Schmidt and Stephen Gilligan*

Seminar on Dignity and Compassion in Psychotherapy

SysTelios Clinic, Siedelsbrunn | 2017

Seminar on Spirituality and Hypnosystemic Therapy

*Milton-Erickson Institute Heidelberg | 2024
by Dr. Gunther Schmidt*

— EXCERPT OF ADDITIONAL QUALIFICATIONS

Sign Language Course 1 – 4

Swiss Federation of the Deaf SGB German-speaking Switzerland | 1997 – 1998

Coaching Toolbox

*Trigon Zürich | 2005
by Werner Vogelauer*

Moderation Techniques

Neuland AG Rotkreuz | 2006

Moderation Techniques and Methods for Large Group Conferences

Frischer Wind Thun | 2011

Seminar on Power in Societies

*Stella Matutina Hertenstein | 2011
by Univ.-Doz. Dr. Friedrich Glasl*

Certified Systemic Consultant SySt®

*SySt® Institute Munich | 2011 – 2014
by Prof. Dr. Matthias Varga von Kibéd and Dipl. Psych. Insa Sparrer.*

Media Training for Women

MAZ The Swiss School of Journalism Lucerne | 2012

Advanced Training Clarification Aid for Mediators

komet Consulting Zurich | 2013

Certificate in Systemic Organisational Consulting

*SySt® Institute Munich | 2013 – 2014
by Dipl. Ing. Diplom Ökonom Elisabeth Ferrari*

Certificate in Systemic Thinking

*SySt® Institute Munich | 2014
by Prof. Dr. Matthias Varga von Kibéd*

— EXCERPT OF PUBLICATIONS

'Sprechen im GPA-Modus'
SyStemischer | 6/2015

'Konstruktive und Nicht-Konstruktive Beziehungen'
SyStemischer | 8/2016

'In Konfliktsituationen kreative Lösungsschritte erkunden'
Praxishandbuch Beratung: Lösungsfokussiertes Konfliktmanagement in Organisationen | 2019

'Mit SySt® Schemata (Werte-)Konflikte in Teams bearbeiten. Ein Werkstattbericht'
Zeitschrift Perspektive Mediation | 1/2020

— EXCERPT OF CONFERENCE PRESENTATIONS

Presenter
s'taugt Kongress, SysTelios, Germany | 2024

Presenter
Society for Women in Philosophy Annual Conference, UK | 2023

Speaker and Trainer
International Organizational Constellations Training Intensive (IOCTI), Uruguay | 2016

— MEMBERSHIPS

SysTelios Think Tank
International Research Group for Hypnosystemic Practice

SysTelios Transfer
Hypnosystemic Network sysTelios Health Centre Siedelsbrunn

SWIP UK
The Society for Women in Philosophy United Kingdom